



Neurology  
Colorado

1721 E 19<sup>th</sup> Ave Suite 510  
Denver, CO 80218  
P. 303-863-0501 F. 303-863-0497

## Advanced Neurological Evaluation and Treatment Center, PC

Dr. Alexander Feldman, M.D.  
Brandon Schreiber, PA-C  
Svetlana Belykh, M.A., M.S., LPC, NCC

### CONSENT FOR BOTULINUM TOXIN INJECTIONS

PATIENT: \_\_\_\_\_

DATE: \_\_\_\_\_

**Procedure:** Injection of Botulinum toxin into abnormally contracting muscles, to be performed by

**Brief Description:** Botulinum toxin (either Botox or myobloc) causes weakness of muscles when injected. If muscles are contracting abnormally, injecting Botulinum toxin into them can stop or limit these contractions. Future injections may be given following verbal consent. For migraine management, injecting Botulinum toxin around the trigeminal nerve endings decreases irritability of the nerve and release of chemicals contributing to migraine.

**Other:** The effect of Botulinum toxin might take 2-4 weeks. Sometimes injections can trigger a headache. This medication will wear off in about 3-4 months (average 3 months). Although Botulinum toxin is a recognized and accepted treatment for abnormally contracting muscles, medicine is not an exact science, and there is no guarantee that it will work as expected.

**Risks for Botulinum toxin:** More weakness than desired may result in the injected body part. In the face, this may lead to droopy eyes. In the neck and arm, this means more weakness than desired. Spasm may occur in shoulder muscles if the neck muscles become weak, this is temporary. Swallowing and breathing problems can also rarely occur. Death is extremely unlikely but a possible complication or Flu-like symptoms.

- ✓ General risks from an injection: pain or bleeding at the point of injection, allergic reaction, pneumothorax (introduction of air into the chest).
- ✓ There may be other side effects or discomforts that are not yet known. It is possible that you may experience an allergic reaction to Botulinum toxin. A severe allergic reaction could be life threatening. If you experience any illness or discomfort, you should notify your doctor as soon as possible.
- ✓ You may not receive this treatment if you are pregnant, nursing a child, or planning a pregnancy. You must confirm that, to the best of your knowledge, you are not now pregnant, and that you do not intend to become pregnant.
- ✓ Prior to receiving Botulinum toxin, you should have a method of birth control that you will use during the treatment cycle. There may be a risk of miscarriage or fetal malformation if you become pregnant while receiving Botox treatments.